



Pool Rules

General Policies

1. **Children under 13 must be accompanied by an adult**
2. **Lifeguards will maintain authority to enforce listed and unlisted rules at their discretion**
3. **Do not urinate in the pool**
4. **Walk...Do Not Run in the pool area**
5. **Proper swim attire is required**
6. **Persons under 18yrs of age are strictly prohibited from entering the main pool during rest period**
7. **No Outside food or drinks inside pool area**
8. **No glass containers within pool area**

Safety Reminders

9. **No physical roughness inside the pool area**
10. **Headfirst entries and dives are restricted to areas with a minimum water depth of seven feet**
11. **Hyperventilation or the holding of one's breath underwater for an extended period of time can be extremely dangerous and is therefore prohibited**