



Diving Area Rules

Diving Area

1. Diving area must be free of non-divers
2. No non-swim clothing is permitted

Diving Springboard

1. One person at a time (Including Stairs)
2. No excessive jumping
3. Fulcrum must be in forward position during recreational diving
4. Diver must jump straight off the end of the board

Starting Blocks

1. One person at a time
2. Diver must dive straight forward
3. No flips or any jumps where head is positioned behind body
4. Blocks must be used for their intended purpose
5. Closed during break for all ages